

## **Cold/Inclement Weather Cancelled Training Policy**

(Approved by CWASC Board of Directors on October 12, 2020)

## a) WinSport/COP

Training will be cancelled only if WinSport/COP or other designated training location does not operate due to cold/inclement weather. Athletes are required to have cold weather gear including:

- Face Protection
- Mitts
- Hand and Toe Warmers
- Multiple Clothing Layers

Training cycle times will be adjusted with more warmup breaks. Close attention will be paid to each athlete for frost nip.

## b) Mountain Training

If weather forecasts are anticipating extreme cold or storm conditions with poor road conditions at a scheduled mountain training location, Calgary Westside Alpine Ski Club (CWASC) reserves the right to change the venue back to WinSport/COP. Cold weather is more easily managed at WinSport/COP.

## c) Cancelled Training - Makeup (Banked Hours)

Efforts will be made to schedule makeup training for any cancelled training sessions. Should no opportunities be available during our regular season, CWASC reserves the right to extend the season to fulfill committed programming hours.

I have read and understand the CWASC "Cold/Inclement Weather Cancelled Training Policy":\_\_\_