

## Illness Management Policy

(Approved by CWASC Board of Directors on May 15, 2023)

This policy provides direction in the event of an illness while under supervision of CWASC. In the event of an injury, CWASC will follow previously established Alberta Alpine and Alpine Canada protocols.

### 1) Symptoms Which Exclude Participation In CWASC Activities

- a) CWASC athletes, parents, and volunteers will not participate in club activities when experiencing the following symptoms (including, but not limited to):
  - Pain - any complaints of unexplained or undiagnosed pain
  - Unexplained runny nose, sneezing, headache, congestion, or sore throat
  - Difficulty breathing - wheezing or unexplained persistent cough
  - Fever (100 degrees F/38.3 degrees C or more) during the past 24 hours
  - Unexplained diarrhea or loose stool
  - Nausea, vomiting or stomach cramps
  - Infected skin or eyes, or an undiagnosed rash
  - Unexplained headache or stiff neck
  - Any condition that requires isolation by law, such as conditions related to known pandemic diseases
- b) If onset of any of the above symptoms occurs in an athlete while under supervision of CWASC, a coach or designated volunteer shall contact the parents. It is the responsibility of the parent/guardian to pick up the athlete from the venue, regardless of location, for the health and safety of the ill athlete and all other persons, as well as to allow the coach to continue to adequately supervise all others under his or her direct care.
- c) Should CWASC determine that an ambulance or hospital visit is urgent while awaiting parent arrival or in the event of parents being unreachable, the expenses related to managing athlete care fall on the parent and may also include, but not limited to, staff wages, mileage, and staff expenses (refer to CWASC Medical Assistance and or Treatment Agreement).

### 2) Medication Administration

If an athlete has a serious or anaphylactic allergy and/or requires emergency medications such as an EpiPen or antihistamine, parents / guardians are obligated to ensure that CWASC and coaches have been informed (per CWASC Athlete Disclosure Policy) and the child carries labeled medication with them.

I have read and understand the CWASC "Illness Management Policy":\_\_