

## Parent and Adult Volunteer Code of Conduct

(Approved by CWASC Board of Directors on October 12, 2020)

The Calgary Westside Alpine Ski Club (CWASC) is committed to ensuring that all athletes have the opportunity to participate in a safe and welcoming environment that is encouraging and promotes their overall development. Parents/guardians and volunteers have an enormous influence over children's experiences in sport.

Parents/guardians and adult volunteers shall abide by this code at all times while participating in any CWASC training, competition, or other club activity.

This code applies to all parents/guardians and adult volunteers that are a member of CWASC or whose child is a member athlete of CWASC. In this code, below, "parents" shall refer equally to "parents, guardians, and adult volunteers", as applicable.

1. All parents are expected to conduct themselves in a responsible manner consistent with the values of fair play, integrity, open communication, and mutual respect.
2. Parents shall always model positive and responsible behaviour, and communicate with their son/daughter that they expect them to do the same.
3. Parents will assume the major responsibility for their son/daughter's conduct and attitude.
4. Parents shall treat all individuals and property with dignity, courtesy, and respect, including but not limited to other athletes, coaches, teams, officials, volunteers, other parents, and all other individuals that are part of the club.
5. Parents shall refrain from any behaviour, or comments, which are profane, insulting, harassing, sexist, racist, abusive, disrespectful, or otherwise offensive without hostility or violence.
6. Parents shall encourage athletes to train/compete within the rules and to resolve conflicts without resorting to hostility, violence or harassment.
7. Parents shall emphasize the importance of values like sportsmanship, respect, cooperation, competition, and teamwork to their son/daughter offering praise for fair play, participation, and skill development.
8. Parents shall monitor their own expectations of their child's performance and progress, and instil confidence in their son/daughter's ability and skill development, always avoiding comparisons with other athletes.
9. Parents shall celebrate the acquisition of skills and goals achieved by their son/daughter.
10. Parents shall respect the coach and understand the coach is responsible for the skill development of the athlete. A parent's role shall be to take a healthy interest in their child's progress and development and be responsible for the child's nutrition, rest, overall health, and moral and emotional support.
11. Parents shall ensure their son/daughter appears on-time and prepared to participate to the best of their abilities for training, competitions and other club events unless otherwise agreed upon.

## Calgary Westside Alpine Ski Club Policies and Agreements

12. Parents shall never provide alcohol or drugs to minors in a CWASC environment, and parents shall never provide or advocate the use of performance enhancing drugs or substances.
13. Parents shall openly support and uphold this code of conduct policy and take action and steps to ensure other parents follow and uphold this code of conduct policy.
14. Parents shall adhere to the policies, procedures, rules, standards, and ethics of CWASC, Alberta Alpine Ski Association, Alpine Canada Alpin and the Alpine Responsibility Code at all times.
15. Parents shall submit payment as requested to CWASC on time, without reminder.
16. Parents shall register their athlete for events at the time requested.
17. Parents shall communicate/mark attendance or special circumstances through the CWASC Team Snap Forum or other team communication means.
18. Parents shall ensure their athlete participates in teardown and completes his/her responsibilities at race and training sessions as directed by the coaching staff.
19. Any parent found in breach of the Calgary Westside Alpine Ski Club Parent and Volunteer Code of Conduct will be subject to any or all of the sanctions outlined. This includes, but is not limited to:
  - i. Immediate suspension of membership from CWASC.
  - ii. Future suspensions from any or all CWASC activities and events.
  - iii. Other action that maybe deemed appropriate or necessary (e.g. apologies, assignments, public service) by the Program Director, Coaches, and/or the CWASC Board of Directors.

I have read and accept the CWASC "Parent and Adult Volunteer Code of Conduct": \_\_