

Parent and Adult Volunteer Code of Conduct

(Approved by CWASC Board of Directors on May 15, 2023)

The Calgary Westside Alpine Ski Club (CWASC) is committed to ensuring that all athletes, coaches and volunteers have the opportunity to participate in a safe and welcoming environment that is encouraging and promotes their overall development. Parents/guardians and volunteers have an enormous influence over children's, coach's and volunteer's experiences in sport. To help achieve this goal, CWASC, in conjunction with Alpine Canada Alpine (ACA), will require our adult/parent members to complete the "Respect in Sport-for Parents" online course prior to their athlete training on snow.

Parents/guardians and adult volunteers shall abide by this code at all times while participating in any CWASC training, competition, or other club activity.

This code applies to all parents/guardians and adult volunteers that are a member of CWASC or whose child is a member athlete of CWASC. In this code, below, "parents" shall refer equally to "parents, guardians, and adult volunteers", as applicable.

1. Parents will attend a mandatory informational pre-season meeting prior to the start of any on snow training.
2. All parents are expected to conduct themselves in a responsible manner consistent with the values of fair play, integrity, open communication, and mutual respect.
3. Parents shall always model positive and responsible behaviour, and communicate with their son/daughter that they expect them to do the same.
4. Parents will assume the major responsibility for their son/daughter's conduct and attitude supporting CWASC coaching staff and/or members of the board should issues arise and disciplinary action be deemed appropriate and beneficial for athlete behaviour improvement and team functionality.
5. Parents will respect coach downtime for meals and breaks, and will limit engagement of coaches prior to training, during training and at races unless absolutely necessary. The 15 minutes following the end of training has been allocated for parent to coach interactions.
6. Parents will email any concerns to the Program Director AND their age specific Head Coach. Concerns and grievances will not be addressed during training sessions or races as this is disruptive to both Coaches and Athletes.
7. Parents, athletes, and volunteers are to adhere to the CWASC Illness Management Policy for all club activities.
8. Parents will be available to promptly pick up their athlete from the training/racing location when contacted by CWASC coaching/leadership staff due to (but not limited to) injury, illness, fatigue and/or behavioural issues. Parents are not exempt from this obligation if their athlete was transported to an away location by another parent or CWASC.
9. Parents will attend, and be available at the race locations, assuming duty of care for their athlete between race runs and during lunch break unless otherwise arranged with another

member parent. Parents must be on time to races for morning meeting with coaches. If late, parents will meet coaches after morning runs are complete and will not send athletes U12 or younger unescorted up a chairlift to the race start.

10. Parents are not permitted to be in the start corral or start staging area at races unless sanctioned by ACA and the CWASC Program Director.
11. Parents are not allowed on training venue tracks unless sanctioned by ACA and the CWASC Program Director.
12. Parents will not approach coaches for driving their athletes. Parents are encouraged to utilize other parent members for ride sharing if needed.
13. Parents will not approach coaches to purchase food for their athletes.
14. Parents shall treat all individuals and property with dignity, courtesy, and respect, including but not limited to other athletes, coaches, teams, officials, volunteers, other parents, and all other individuals that are part of the club.
15. Parents shall refrain from any behaviour, or comments, which are profane, insulting, harassing, sexist, racist, abusive, disrespectful, or otherwise offensive without hostility or violence.
16. Parents shall encourage athletes to train/compete within the rules and to resolve conflicts without resorting to hostility, violence or harassment.
17. Parents shall emphasize the importance of values like sportsmanship, respect, cooperation, competition, and teamwork to their son/daughter offering praise for fair play, participation, and skill development.
18. Parents shall monitor their own expectations of their child's performance and progress, and instil confidence in their son/daughter's ability and skill development, always avoiding comparisons with other athletes.
19. Parents shall celebrate the acquisition of skills and goals achieved by their son/daughter as defined in Alpine Canada Alpin - Long Term Athlete Development, acknowledging that focus on results is detrimental to athlete development and morale.
20. Parents shall respect the coach and understand the coach is responsible for the skill development of the athlete. A parent's role shall be to take a healthy interest in their child's progress and development and be responsible for the child's nutrition, rest, overall health, and moral and emotional support. Adequate amounts of food/fuel and hydration for our activity is mandatory.
21. Parents will respect, accept, and support the training schedule, race schedule, and corresponding locations as published in TeamSnap.
22. Parents shall respect that athlete group placement is at the discretion of the coaching staff. Final coach decisions must be accepted without further debate.
23. Parents shall ensure their son/daughter appears on-time and prepared to participate to the best of their abilities for training, competitions and other club events unless otherwise agreed upon.

24. Parents shall provide athletes with meals that are ready to eat at the commencement of breaks for U12 and younger to keep their athlete within the 30 - 40 minute meal break time allotment.
25. Parents will not ask club volunteers (lodge parent, chair riders, tail gunners, etc.) to perform tasks. Volunteers support the coaching staff and official club activities.
26. Parents will be on time to pickup their athlete at the end of training. A supervision charge of \$10.00 plus \$1.00/minute after 5 minutes late will be charged for a first offence. The late fee will increase by 50% with each subsequent offence. Repetitive lateness may result in athlete suspension of training and/or Van privileges.
27. Parents shall never provide alcohol or drugs to minors in a CWASC environment, and parents shall never provide or advocate the use of performance enhancing drugs or substances.
28. Parents shall openly support and uphold the "Parent" and "Athlete" codes of conduct and notify CWASC leadership and/or coaching staff should a parent witness an infraction.
29. Parents shall adhere to the policies, procedures, rules, standards, and ethics of CWASC, Respect in Sport, Alberta Alpine Ski Association, Alpine Canada Alpin and the Alpine Responsibility Code at all times.
30. Parents shall submit payment as requested to CWASC on time, without reminder. A late penalty fee of \$5 or 3% (whichever is greater) will be applied 7 days after due date and every 30 days thereafter. After 7 days, athlete training will be suspended.
31. Parents shall register their athlete for events at the time requested.
32. Parents shall communicate/mark attendance or special circumstances through the CWASC Team Snap Forum or other team communication means.
33. Parents shall ensure their athlete participates in teardown and completes his/her responsibilities at race and training sessions as directed by the coaching staff.
34. All parents shall complete the "Respect in Sport" online course in partnership with Alpine Canada Alpin and The Respect Group. CWASC will provide access to the course.
35. Any parent found in breach of the Calgary Westside Alpine Ski Club Parent and Volunteer Code of Conduct will be subject to any or all of the sanctions outlined. This includes, but is not limited to:
 - i. Immediate suspension of membership or permanent dismissal from CWASC.
 - ii. Future suspensions from any or all CWASC activities and events.
 - iii. Other action that maybe deemed appropriate or necessary (e.g. apologies, assignments, public service) by the Program Director, Coaches, and/or the CWASC Board of Directors.

I have read and accept the CWASC "Parent and Adult Volunteer Code of Conduct":__