

November 10, 2021

Key COVID-19 Information for Coaches, Athletes, Volunteers, and Parents

Alberta Health Services (AHS) continues to mandate COVID-19 public health orders and guidance specific to reducing the primary risks of COVID-19 transmission from respiratory droplets and contaminated surfaces.

We, in the sport of skiing, are privileged to be able to continue our activities. We must courageously adhere to all AHS public health orders & guidance, and ski hill Operators' instructions to keep ourselves and others safe. All Club participants – coaches, volunteers, athletes, parents, and anyone else associated – have a responsibility to remind each other of appropriate actions, and also have a right to feel safe while participating in Club sponsored activities. Please contact the Program Director ski@westsidealpine.com or Board of Directors CWASCBoard@gmail.com for any questions or concerns regarding COVID-19.

1) Club transportation

- Calgary Westside Alpine Ski Club (CWASC) will follow procedures similar to the 2020-2021 ski season for club transportation services.
- All athletes, coaches and volunteers must complete the pre-screening health check on TeamSnap before being permitted to enter a club transportation vehicle. Only those persons who are cleared may enter.
- Since commercial vehicles are defined as indoor locations (by Alberta CMOH Order 44-2021), all persons must wear an appropriate 3-layer mask (medical or reusable cloth type) at all times while in a club transportation vehicle. Ski masks or buffs are not sufficient.
- CWASC must adhere to Alberta's Restrictions Exemption program for van services. Therefore, all adults and children in U14 or U16 programs must provide either
 - (a) proof of vaccination; or
 - (b) proof of a negative COVID-19 test result from a sample that is taken within the prior 72 hours of entering club transportation vehicle; or
 - (c) original vaccine medical exception letter.
- Patrons are encouraged to sanitize hands before entering the vehicle (to avoid bringing unwanted viruses in), and sanitize hands after exiting the vehicle (to avoid bringing unwanted germs out).
- Follow additional instructions from your driver for seating placement, and use the same seat for the day
- Van drivers will also refer to the 2020-2021 AHS/Club GUIDANCE FOR TAXIS, LIMOS, RIDESHARES AND COMMUTING for spacing, cleaning, sanitizing, airflow, PPE, and passenger briefing instructions.

2) At the ski hill

WinSport and Sunshine Village are both implementing the Restrictions Exemption Program. Please refer to the following links for details of each.

- <https://www.winsport.ca/winsport-info/covid-19/>
- <https://www.skibanff.com/explore/news-blog/21-22-winter/restrictions-exemption-program-sunshine-fq>

3) Other tips

- Graciously accept additional instructions from on-hill personnel, as each ski hill/resort may have specific rules. We are all in this together, and following instructions will help keep the ski hill/resort open for everyone to enjoy!
- Remember that COVID-19 is spread by respiratory droplets and contaminated surfaces. Stay clear of other persons who have their masks down, or who are in a position to propel respiratory droplets near your face.
- Remember that door handles and chairlift safety bars are touched by many different people, and potentially contaminated by those who may have also touched/adjusted their own face masks. You could consider the inside of your gloves (and your hands) clean, and the outsides contaminated, then ensuring that your hands stay clean and sanitized.
- Many of our coaches and athletes wear Westside Alpine branded clothing. Let's all do our best to help everyone know that our club is informed, and our members take pride in demonstrating and promoting good behaviours.

4) References

- Club COVID-19 Information <https://www.westsidealpine.com/covid-19>
- AHS COVID-19 Information <https://www.albertahealthservices.ca/topics/Page16944.aspx>
- AHS public health orders <https://www.alberta.ca/covid-19-orders-and-legislation.aspx>
- AHS guidance documents <https://www.alberta.ca/guidance-documents.aspx>
- AHS daily checklist for under and over 18 <https://open.alberta.ca/publications/covid-19-information-alberta-health-daily-checklist>